

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

NOTE: Fiber products can affect the absorption of many medications. Do not take this product within 2 hours of taking medications or follow the advice of your health care provider.

TO REORDER ITEM # 36120
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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www.puritan.com



Konjac Root 1000mg

Standardized to 90% Glucomannan

100 Rapid Release
Capsules

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) capsules with at least 8 ounces of water or other fluid, 30 to 60 minutes before each meal. Taking this product without enough liquid may cause choking. Do not take immediately before going to bed.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

Amount Per Serving		%Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Konjac Root	2,000 mg (2 g)	**
(Amorphophallus konjac)		
(Standardized to 90% Glucomannan)		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.