

Lactalbumin Hydrolysate and Gelatin Blend 962 mg provides the following amino acids:

L-Alanine	71 mg	L-Hydroxylysine	2 mg
L-Arginine	32 mg	L-Methionine*	12 mg
L-Aspartic Acid	60 mg	L-Phenylalanine*	18 mg
L-Cysteine	13 mg	L-Proline	81 mg
L-Glutamic Acid	93 mg	L-Hydroxyproline	30 mg
L-Glycine	149 mg	L-Serine	34 mg
L-Histidine*	8 mg	L-Threonine*	42 mg
L-Isoleucine*	32 mg	L-Tyrosine	12 mg
L-Leucine*	52 mg	L-Valine*	33 mg
L-Lysine*	47 mg	*Essential Amino Acids	

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 5505
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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B5505 09G 14-12234



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 **Puritan's Pride**

LIQUID AMINOS

**Rapid Release
Amino Complex**

50 **RAPID RELEASE
SOFTGELS**

**Amino Acid
Supplement**

DIRECTIONS: For adults, take one (1) softgel one to three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Total Fat	1 g	1%**
Lactalbumin Hydrolysate and Gelatin Blend	962 mg	***
Soy Lecithin	40 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax.

Contains milk and soy ingredients.

Contains bioengineered food ingredients.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.