

WARNING: If you are pregnant, nursing, taking any medication or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 12881
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
© 2020 Puritan's Pride, Inc.
B12880 07G



www.puritan.com



L-THEANINE

200MG PER SERVING

**Supports
a Calm,
Relaxed Mood***



30 Rapid Release
Capsules

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) capsules daily, preferably with a meal.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 15

Amount Per Serving	%Daily Value
L-Theanine	200 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Gelatin, Vegetable Magnesium Stearate. Contains <2% of Magnesium Silicate, Silica.

As a phytochemical found in Japanese green tea, L-Theanine is a non-essential amino acid that can be absorbed across the brain.*