

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 53621
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
© 2020 Puritan's Pride, Inc.
B78565 03C 14-12103



www.puritan.com

 Puritan's Pride

Magnesium Citrate

210mg

90 coated caplets

dietary supplement

DIRECTIONS: For adults, take one (1) caplet one to two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Magnesium (as Magnesium Citrate)	210 mg	50%

Other Ingredients: Vegetable Cellulose. **Contains** <2% of: Dicalcium Phosphate, Silica, Titanium Dioxide Color, Vegetable Glycerin, Vegetable Magnesium Stearate.

No Artificial Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.