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Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



★ **Made In The USA** with select ingredients from around the world

TO REORDER ITEM # 23087
www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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B100112 01B



MCT OIL
3000MG
PER SERVING

90 softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults take three (3) softgels, once daily, preferably with a meal.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	25	
Total Fat	3 g	4%*
Saturated Fat	3 g	15%*
Medium Chain Triglycerides Oil (from coconut oil)	3,000 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

Other Ingredients: Gelatin, Vegetable Glycerin.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch,
No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast,
No Fish, Sodium Free.