

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 21478
www.puritan.com
1-800-645-1030

Carefully Manufactured by
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 Puritan's Pride

**SUPER STRENGTH
MELATONIN**

NIGHTTIME SLEEP AID*

10MG

DIETARY SUPPLEMENT

30 Rapid Release
Capsules

DIRECTIONS: For adults, take one (1) capsule at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Melatonin	10 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Silica, Vegetable Magnesium Stearate.

This product can be used for occasional sleeplessness.*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.