

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TO REORDER ITEM # 26137
www.puritan.com
1-800-645-1030

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PURITAN'S PRIDE, INC.
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 **Puritan's Pride**

MELATONIN

300 MCG

Low Dose, Gentle Support*

**Can Be Used for
Nighttime Wake Ups***

30 Rapid Release
Tablets

**DIETARY
SUPPLEMENT**

For occasional sleeplessness.*

DIRECTIONS: For adults, take one (1) tablet 30 minutes before bedtime. When using to help you get back to sleep, take at least 3 hours before you want to wake up.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin	300 mcg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dextrates, Vegetable Magnesium Stearate.

No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.