

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health... choose the best.

Puritan's Pride

MEN'S GUMMY MULTIVITAMIN

MEN'S GENERAL WELLNESS*

Supports Energy Metabolism and Reproductive Health*



ASSORTED
NATURAL FRUIT FLAVORS
60 GUMMIES
DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DIRECTIONS: For adults, chew two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving		%Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Total Sugars	2 g	***
Includes 2g Added Sugars		
		4%**
Vitamin A (as Retinyl Palmitate)	1,200 mcg	133%
Vitamin C (as Ascorbic Acid)	75 mg	83%
Vitamin D (as D3 Cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg	90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	294%
Folate	666 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as Cyanocobalamin)	15 mcg	625%
Biotin (as d-Biotin)	600 mcg	2,000%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	200%
Iodine (as Potassium Iodide)	150 mcg	100%
Zinc (as Zinc Citrate)	5 mg	45%
Selenium (as Sodium Selenate)	110 mcg	200%
Choline Bitartrate	60 mcg	***
Inositol	40 mcg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Gelatin, Maltodextrin. Contains <2% of: Citric Acid, Dicalcium Phosphate, Mannitol, Natural Flavors, Pectin, Silica, Vegetable Juices (color), Vegetable Oil (Palm) (Contains Carnauba Wax).

Contains bioengineered food ingredients.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 56766

www.puritan.com
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Carefully Manufactured by
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