

ACTUAL
SIZE

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CODE 0365

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take one softgel daily with a meal. Consider taking this product in combination with NOW® Vitamin A and Calcium supplements.

NOW® Vitamin D-1000 softgels supply recommended levels of this key vitamin in a highly-absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.



Vitamin D-3

STRUCTURAL SUPPORT

1,000 IU - High Potency

- Helps Maintain Strong Bones
- Supports Dental Health*

180 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	1,000 IU	250%

Other ingredients: Olive Oil and Softgel Capsule (gelatin, glycerin, water).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.