Garlic has been traditionally used to promote cardiovascular health by maintaining healthy blood flow.*† This product contains breath-freshening parsley plus the plant nutrient, chlorophyll. This ensures you receive the natural goodness of garlic without the pungent odor. When choosing garlic...make sure it's Garlic Fresh™!

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 2853 www.puritan.com 1-800-645-1030

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Puritan's Pride

Garlic & Parsley

Garlic Fresh

250 RAPID RELEASE SOFTGELS
Dietary Supplement



DIRECTIONS: For adults, take one (1) softgel two to eight times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving %Daily Value
Odorless Garlic (Allium sativum) (bulb) 5 mg ***

Odorless Garlic (Allium sativum) (bulb) 5 mg (a 100:1 extract equivalent to 500 mg of fresh Garlic Bulb)

Parsley (Petroselinum crispum) (seed) 0.2 mg **
(a 500:1 concentrate equivalent to 100 mg of fresh Parsley seed)

Chlorophyll (from Copper Chlorophyll Complex) 28 mcg

**Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Silica.

†Traditional use claims are based on historical or traditional practices. Garlic has been traditionally used for cardiovascular health, as recorded in ancient Roman and Ayurvedic texts.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.