Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use

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Carefi PURI' Roy occur. and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO REORDER ITEM # 27673** www.puritan.com 1-800-645-1030

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## Puritan's Pride

## MEGA-3 Fish Oil 1200mg

360mg ACTIVE OMEGA-3

**Purified to** eliminate mercury

Supports Heart Health\*

30 Rapid Release Softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

## **Supplement Facts**

Serving Size 1 Softgel

Amount Per Serving	%Dail	y Value
Calories	15	
Total Fat	1.5 g	2%**
Saturated Fat	0.5 g	3%**
Cholesterol	10 mg	3%
Ester-Omega® Fish Oil 1,200 mg (1.2 g) provides 360 mg of Total Omega-3 Fatty Acids† comprising of:		***
EPA (Eicosapentaenoic A	cid)	***

\*\*Percent Daily Values are based on a 2,000 calorie diet. \*\*\*Daily Value not established.

DHA (Docosahexaenoic Acid) Other Fatty Acids

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols. Contains fish (anchovy, herring, mackerel, sardine) ingredients. As Natural Triglycerides Product of Peru

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.