

**Puritan's Pride®** supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health... choose the best.

 **Puritan's Pride**

# OMEGA-3

with

# Vitamin D3 Gummies

**Vitamin D**  
to support a healthy  
immune system  
& bone health\*

**Strawberry,  
Raspberry & Grape  
Naturally Flavored**

**120 gummies**



**DIETARY SUPPLEMENT**

**DIRECTIONS:** For adults, chew four (4) gummies daily, preferably with meals.

## Supplement Facts

Serving Size 4 Gummies  
Servings Per Container 30

| Amount Per Serving                            |                 | %Daily Value |
|-----------------------------------------------|-----------------|--------------|
| Calories                                      | 30              |              |
| Total Fat                                     | 0.5 g           | 1%**         |
| Cholesterol                                   | <5 mg           | <1%**        |
| Total Carbohydrate                            | 6 g             | 2%**         |
| Total Sugars                                  | 4 g             | ***          |
| Includes 4g Added Sugars                      |                 | 8%**         |
| Vitamin D (as D3 Cholecalciferol)             | 10 mcg (400 IU) | 50%**        |
| Sodium                                        | 20 mg           | <1%**        |
| Fish Oil                                      | 533 mg          | ***          |
| provides 163 mg of Total Omega-3 Fatty Acids† |                 | ***          |
| comprising of:                                |                 |              |
| Docosahexaenoic Acid (DHA)                    | 117 mg          | ***          |
| Eicosapentaenoic Acid (EPA)                   | 24 mg           | ***          |
| Other Fatty Acids                             |                 | ***          |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Sugar, Corn Syrup, Gelatin, Natural Flavors. **Contains** <2% of: Citric Acid, Lactic Acid, Pectin, Vegetable Juices (color), Vegetable Oil (Palm) (Contains Carnauba Wax).

Contains fish (tuna) ingredients.

†As Natural Triglycerides

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**This product contains  
10 mcg of Vitamin D,  
which is equivalent  
to 400 IU.**

**TO REORDER ITEM # 25336**

[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

Carefully Manufactured by  
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