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COLD WATER

Salmon Oil

500mg

105mg ACTIVE OMEGA-3

Purified to
eliminate mercury

Supports Heart Health*



100 Rapid Release
Softgels

DIETARY SUPPLEMENT

TO REORDER ITEM # 12101

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving	%Daily Value	
Calories	10	
Total Fat	1 g	1%**
Cholesterol	5 mg	2%
Ester-Omega® Salmon Oil	1,000 mg (1 g)	***
provides 210 mg of Total Omega-3 Fatty Acids† comprising of:		
Eicosapentaenoic Acid (EPA) 75 mg		***
Docosahexaenoic Acid (DHA) 90 mg		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

Contains fish (salmon) ingredients.

† As Natural Triglycerides

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

DIRECTIONS: For adults, take two (2) softgels 1/2 hour after breakfast and two (2) softgels 1/2 hour after an evening meal.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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www.puritan.com

1-800-645-1030

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