

/// CAUTION ///

Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers or children under 18 years of age or individuals taking prescription drugs. Maintain sufficient fluid intake while taking this product. If you have a known medical condition including high blood pressure, diabetes, any cardiovascular disorder, heart disease, hyperthyroidism or have questions about the advisability of taking this product, consult your physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOTICE: Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

WARNING: This product contains 150mg of caffeine per serving (equivalent to approximately 1 1/2 cups of coffee).

NOTICE: Due to restrictions of amateur and professional sports organizations, it is recommended that athletes consult their trainer or appropriate governing body before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. CONTAINS DESICCANT PACKETS FOR FRESHNESS. DO NOT EAT PACKETS. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed By:
RUNFIT NUTRITION
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RUNFIT
NUTRITION

RUNNER'S PERFORMANCE MIX

DIETARY SUPPLEMENT

FORMULATED
IN THE USA

ENERGY

ENDURANCE

STRENGTH

NET WT. 10.58OZ (300 GRAMS)

PERFORMANCE

- BRANCH CHAIN AMINO ACIDS
- NITRIC OXIDE SUPPORT
- B-6 & B-12 VITAMINS
- CAFFEINE & MORE



FRUIT PUNCH
FLAVOR



RUNNER'S PERFORMANCE MIX

Runner's Performance Mix is the perfect drink mix to provide running endurance and long lasting energy, while helping you build strength and recover faster than ever. The fruit punch flavor is delicious and is zero calories per serving! You'll be running circles around your competition in no time with Runner's Performance Mix.

Supplement Facts

Serving Size: 10 Grams (1 heaping scoop)
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	200 mg	222%
Niacin	30 mg	188%
Vitamin B-6 (as pyridoxine HCl)	4 mg	235%
Vitamin B-12 (as methylcobalamin)	12 mcg	500%
Magnesium (as carbonate)	100 mg	24%
Zinc (as gluconate)	26 mg	236%
Potassium (as phosphate)	120 mg	3%
L-Glutamine	75 mg	*
L-Arginine HCl	1000 mg	*
L-Leucine	1000 mg	*
Caffeine	150 mg	*
L-Arginine Alpha-Ketoglutarate	2750 mg	*
L-Citrulline Malate	75 mg	*
L-Ornithine Alpha-Ketoglutarate	75 mg	*
Beta-Alanine	1400 mg	*

* Daily Value not established

OTHER INGREDIENTS: Citric Acid, Silicon Dioxide, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Malic Acid, and Beet Root.

▼
**HELPS BOOST
ENERGY**

▼
**SUPPORTS
PERFORMANCE**

▼
**SUPPORTS
STRENGTH**

▼
**GENTLE ON
STOMACH**

SUGGESTED USE: 1 serving taken 1 to 2 times daily with water or beverage of choice or as directed by a healthcare professional. Do not use this product as a meal replacement.

8215-P332U-F-300GM