RUNNER'S FISH OIL

Running puts a great deal of stress on your cardiovascular system. The Essential fats in Fish Oil have proven to help support heart and cardiovascular function. With Runner's Fish Oil you get the Omega-3 fatty acids your heart needs, without the fishy aftertaste!

SUPPORTS HEART HEALTH

SUPPORTS **PERFORMANCE** **GENTLE ON**

STOMACH

/// CAUTION ///

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facilit which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

ALLERGEN WARNING: CONTAINS FISH (ANCHOVIES) AND SOY.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed By: RUNFIT NUTRITION PO Box 364. Germantown WI, 53022

www.runfitnutrition.com



RUNNER'S

DIETARY SUPPLEMENT

SOFTGELS DAILY ESSENTIALS

- **OMEGA 3 FATTY ACIDS EPA & DHA**
- SUPPORTS A HEALTHY CARDIOVASCULAR SYSTEM
- FORMULATED TO AVOID FISHY AFTERTASTE



Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 60

| Amount Per Serving | % Daily Va | lue* |
|-----------------------------|------------|------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 1% |
| Fish Oil | 1000mg | † |
| Typically Providing: | | |
| EPA (Eicosapentaenoic Acid) | 400mg | |

*Percent Daily Values are based on a 2000 calorie diet. †Daily Value not established

DHA (Docosahexaenoic Acid)

OTHER INGREDIENTS: Gelatin (bovine), vegetable glycerin, enteric coating, purified water, and natural vitamin E.

SUGGESTED USE:

1 softgel taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

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