

Almost Out? Call 1-800-304-1708
or visit healthdirections.com
Choose REFILL & SAVE and Never Run Out!

Dr. Sinatra's most advanced, patent-pending heart health and healthy aging formula, **Omega Q Plus® MAX**, provides support for optimal heart and vascular health, blood flow, brain health, a healthy inflammatory response, cellular energy, and healthy aging.¹



UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

HydroCurc® and LipiSpense® are registered trademarks of Pharmako Biotechnologies Pty. Ltd.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.



¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra



100 mg of CoQ10

Resveratrol

Turmeric

Dietary Supplement

180 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 90

Amount Per Serving		% DV
Calories	20	
Total Fat	1.5 g	2%*
Cholesterol	<5 mg	2%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	30 mg	1,765%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (as cyanocobalamin)	500 mcg	20,833%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg	1,143%
CalaMarine® Oil Concentrate (from squid)	1,250 mg	†
DHA (docosahexaenoic acid)	350 mg	†
EPA (eicosapentaenoic acid)	200 mg	†
L-Carnitine Fumarate	174 mg	†
HydroCurc® (88% turmeric rhizome extract with LipiSpense® providing 100 mg curcuminoids)	125 mg	†
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	100 mg	†
Trans Resveratrol	30 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, medium chain triglycerides, yellow beeswax, dicalcium phosphate, purified water, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, silica, lemon oil, microcrystalline cellulose

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthdirections.com



SOY FREE

GLUTEN FREE

Please see bottom of bottle for Lot No. and Expiration Date.

SKU: QCR 02 G36100, 2022 R-1