

Dr. Sinatra's **Heart Healthy Multivitamin™**

COMPLETE is a Daily Essential formula. It provides daily nutrition with added cardiovascular, immune, and antioxidant support.[†]

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle in a cool, dry place.

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex®3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

Sensoril™ is a registered trademark of Natreon, Inc., and the product is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Cardiologist
Formulated



Overall
Health



Immune
Health

Dr. Sinatra

AMERICA'S INTEGRATIVE CARDIOLOGIST™



Heart Healthy Multivitamin™ COMPLETE

Promotes heart, immune,
and overall health plus
provides powerful
antioxidant support[†]



Dietary Supplement

60 Tablets

Doctor's Suggested Use: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as beta-carotene, retinyl acetate)	900 mcg RAE 100%	CardioCalm Blend	400 mg *
Vitamin C (as ascorbic acid)	150 mg 167%	Ashwagandha [†] (root and leaf) (Sensoril [®]), Organic Moringa [†] (leaf), Organic Maca [†] (root), Holy Basil [†] (leaf), Green Tea [†] (leaf), Turmeric [†] (rhizome), Cordyceps [†] (mycelium), Organic Reishi [†] (mycelium and fruiting body) *Denotes Extract, *Denotes Powder	
Vitamin D (as cholecalciferol)	100 mcg (4,000 IU) 500%	Cardio Antioxidant Blend	100 mg *
Vitamin E (as d-tocopheryl succinate)	134 mg 893%	Acai [†] (Euterpe oleracea, fruit), Organic Amla [†] (fruit), Goji [†] (Lycium barbarum, fruit), Pomegranate [†] (fruit), Acerola [†] (fruit), Mangosteen [†] (fruit), Strawberry [†] (fruit), Cranberry [†] (fruit), Maqui [†] (Aristotelia chilensis, fruit), Jaboticaba [†] (Myrciaria cauliflora, fruit) *Denotes Extract, *Denotes Powder	
Thiamine (as thiamine mononitrate)	20 mg 1,667%	Trans-Resveratrol	10 mg *
Riboflavin	20 mg 1,538%	Alpha Lipoic Acid	10 mg *
Niacin (as niacinamide)	30 mg 188%	Lutein (from marigold flower)	10 mg *
Vitamin B6 (as pyridoxal-5-phosphate)	12.5 mg 735%	Red Wine Polyphenols (from grape, fruit)	8 mg *
Folate (as calcium folinate) (400 mcg folic acid)	680 mcg DFE 170%	Zeaxanthin (from marigold flower)	2 mg *
Vitamin B12 (as methylcobalamin)	250 mcg 10,417%	Menaquinone-7 (Vitamin K2)	45 mcg *
Biotin	2,500 mcg 8,333%		
Pantothenic Acid (as calcium pantothenate)	30 mg 600%		
Calcium (as calcium citrate)	50 mg 4%		
Iodine (as potassium iodide)	150 mcg 100%		
Magnesium (as magnesium malate)	100 mg 24%		
Zinc (as zinc gluconate)	10 mg 91%		
Selenium (as L-selenomethionine)	100 mcg 182%		
Chromium (as Crominex [®] 3+ chromium stabilized with Capros [®] standardized Amla Extract (fruit), PrimaVie [®] purified and standardized Shilajit)	200 mcg 571%		

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, magnesium stearate, hypromellose, glycerin, hydroxypropyl cellulose
Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Please see bottom of bottle for Lot No. and Expiration Date

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