

Other ingredients: Gelatin, Vegetable Glycerin, Sunflower Oil. Contains 42% of: Annatto Extract (color), Ascorbyl Palmitate, Corn Oil, Dextrin, Natural Flavors, Silica, Soy Lecithin, Titanium Dioxide Color, Tocopherols. Contains soy ingredients.

DIRECTIONS: For adult women, take two (2) softgels daily, preferably with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

"This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

TO REORDER ITEM # 64821

www.puritan.com

1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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PRENATAL MULTIVITAMIN w/DHA

SUPPORTS BABY'S HEALTHY GROWTH & DEVELOPMENT*

200MG PLANT BASED DHA PER SERVING

DIETARY SUPPLEMENT

60 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Calories	10
Total Carbohydrate	0.5 g <1%*
Vitamin A (as Beta-Carotene)	1,200 mcg 82%
Vitamin C (as Ascorbic acid)	100 mg 82%
Vitamin D (as D3 Cholecalciferol)	15 mcg (600 IU) 100%
Vitamin E (as dl-Alpha Tocopheryl)	13.5 mg 77%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.8 mg 129%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Nicotinamide)	20 mg 111%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2.6 mg 130%
Folate	600 mcg DFE 100% (360 mcg Folic Acid)
Biotin (as d-Biotin)	100 mcg 388%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 143%
Calcium (as Calcium Carbonate)	200 mg 19%
Iron (as Ferrous Fumarate)	28 mg 104%
Iodine (as Potassium Iodide)	290 mcg 100%
Zinc (as Zinc Oxide)	15 mg 119%
Copper (as Cupric Sulfate)	2 mg 194%
Ginger Extract (Zingiber officinale) (root)	200 mg ***
Docosahexaenoic Acid (DHA) from DHA rich oil derived from a plant based algae (Schizochytrium sp.)	200 mg ***

*Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.