

SUGGESTED USAGE: As a dietary supplement, mix 1 packet into 4 to 6 oz. of water or juice. Drink immediately. Use 1-2 packets daily.



PROBIOTIC-10™

+ FOS

10 Probiotic Strains
10 Billion Organisms

A Dietary Supplement
Vegetarian (Wheat, Dairy, Wheat & Gluten Free)
Net Wt. 3 g (0.106 oz)

Supplement Facts Serving Size: 1 Packet (3 g), Amount Per Serving: Calories 5, Total Carb 3 g (1% DV)*, Dietary Fiber 2 g (8% DV)*, Unique Blend of 10 Strains of Probiotic Bacteria: 10 Billion Organisms (†)

Lactobacillus acidophilus, Lactobacillus casei, Lactobacillus plantarum, Lactobacillus rhamnosus, Bifidobacterium breve, Bifidobacterium longum, Streptococcus thermophilus, Organic Inulin (FOS) 2 g (†) * Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Rice Maltodextrin and Silica.
Formulated & Distributed by NOW FOODS, 395 S. Glen Ellyn Rd., Bloomington, IL 61810, USA. www.nowfoods.com. FILM 2929 v1

Supplement Facts

Serving Size 1 Packet (3 g) Servings Per Container 24

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	3 g	1%*
Dietary Fiber	2 g	8%*

Unique Blend of 10 Strains of Probiotic Bacteria: 10 Billion Organisms †

Lactobacillus acidophilus, Bifidobacterium bifidum, Lactobacillus plantarum, Lactobacillus salivarius, Lactobacillus casei, Lactobacillus paracasei, Lactobacillus rhamnosus, Bifidobacterium breve, Bifidobacterium longum, Streptococcus thermophilus

Organic Inulin (FOS) 2 g †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Rice Maltodextrin and Silica.

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395 S. Glen Ellyn Rd., Bloomington, IL 61810, USA
For more product information visit www.nowfoods.com/2929

This product is formulated to deliver a potency of 10 Billion Organisms through the Best By date.

SUGGESTED USAGE: As a dietary supplement, mix 1 packet into 4 to 6 oz. of water or juice. Drink immediately. Use 1-2 packets daily.

Not manufactured with wheat, gluten, soy protein, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening. No Refrigeration Required.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Please Recycle. This carton is made from 100% Recycled Material.

Made in the USA **CODE 2929 v1** C2929



*Convenient, Anytime,
Anywhere Probiotics*

10 Billion Live Organisms

10 Probiotic Strains

*Helps Maintain Healthy
Microbial Balance**

Vegetarian-Vegan

Dairy, Wheat & Gluten Free

*With FOS to Support the
Growth of Healthy Bacteria**

Room Temperature Stable

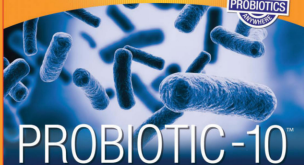
www.nowfoods.com



PROBIOTIC-10™

+ FOS

TO ASSIST HEALTHY GROWTH OF
ACIDOPHILUS AND BIFIDUS ORGANISMS*



PROBIOTIC-10™

+ FOS

TO ASSIST HEALTHY GROWTH OF
ACIDOPHILUS AND BIFIDUS ORGANISMS*

HEALTHY INTESTINAL FLORA*

10 Probiotic Strains / 10 Billion Organisms

Shelf Stable / Unflavored

24 Packets / Net Wt. 72 g (2.54 oz) per box

A Dietary Supplement / Vegetarian-Vegan

Rapid Release



Probiotics are "friendly" microorganisms that normally colonize the gut and the word "Pro-Biotic" literally means, "For Life". There are normally trillions of microorganisms living within the healthy human intestinal tract, and are considered to be "symbiotic", meaning that they live in harmony with humans, and for their mutual benefit. These microorganisms normally consist of both yeast and bacterial species, including *Streptococcus*, *Lactobacillus*, and *Bifidobacterium* bacteria.*

Having a balanced and varied microbiota environment is known to be critical for human health, as it helps to maintain the integrity of the mucosal barrier, encourages proper intestinal function, and assists in the proper digestion of food. In addition, Probiotics are known to play an important role in the body's detoxification process.*

Each NOW® Probiotic-10™ packet has at least 10 billion live organisms consisting of Probiotic bacterial strains that are known to colonize the human GI tract plus FOS to promote the growth of a balanced spectrum of organisms throughout the intestinal tract.*

This convenient unflavored powder mixes easily in water or juice, is appropriate for vegetarians and vegans, and is dairy, wheat and gluten free.

