

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, have any medical or thyroid condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 30858
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride

Sea Kelp

with **200 mcg**
of iodine

supports healthy
thyroid function*

250 capsules

vegetarian
dietary supplement

DIRECTIONS: For adults, take one (1) capsule daily, preferably with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value	
Iodine	200 mcg	133%

Ingredients: Vegetable Cellulose, Sea Kelp, Silica, Vegetable Magnesium Stearate, Potassium Iodide.

No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, No Shellfish. Sodium Free.