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# SOY LECITHIN

## 1325mg



Promotes Nerve Health  
and Function\*

Supports Heart Health\*

DIETARY SUPPLEMENT

250 Rapid Release  
Softgels

**DIRECTIONS:** For adults, take two (2) softgels twice daily, preferably with meals.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 125

Amount Per Serving	%Daily Value	
Calories	25	
Total Fat	2 g	3%**
Soy Lecithin	2,650 mg (2.65 g)	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin.  
Contains soy ingredients.  
Contains bioengineered food ingredients.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch,  
No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.  
Sodium Free.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**TO REORDER ITEM # 2653**

[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

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**PURITAN'S PRIDE, INC.**  
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