

PRE-WORK OUT

FOR BEST RESULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL.

MET-Rx® TIMED-RELEASE CAFFEINE

THIS PRODUCT IS SPECIALLY FORMULATED TO PROVIDE YOU WITH A SUSTAINED RELEASE OF CAFFEINE. CAFFEINE PROVIDES DUAL EFFECTS BY PROVIDING ENERGY MAGNIFICATION FOR BOTH THE MIND AND THE BODY.* TIMED-RELEASE CAFFEINE CAPSULES GET YOU PUMPED FOR EXERCISE, WHILE HELPING TO BOOST MENTAL ENERGY AND ALERTNESS.* OUR FORMULA UTILIZES CUTTING-EDGE BEADLET COATING TECHNOLOGY. EACH BEADLET IS COATED WITH THE ACTIVE CAFFEINE INGREDIENT, AND THEN SUSTAINED-RELEASE COATING IS FURTHER ADDED TO ACHIEVE THE 8 HOUR PROFILE.

Directions: For adults, take one (1) capsule daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. This product contains caffeine. Avoid additional consumption of caffeine, which may intensify adverse effects. Not intended for use by persons under the age of 18.

MET-Rx®

ENERGY*

TIMED-RELEASE CAFFEINE

» 200MG PER CAPSULE

» 8-HOUR SUSTAINED
RELEASE

» MENTAL FOCUS*

» NEUROMUSCULAR
STIMULATOR*



60 BEADLET
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Caffeine (as Caffeine Anhydrous)	200 mg **

** Daily Value not established.

Other Ingredients: Sugar, Gelatin, Starch, Food Glaze, Magnesium Silicate, Povidone. Contains <2% of: FD&C Blue #2 Lake, FD&C Red #40 Lake, FD&C Yellow #6 Lake.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx®
Shaping Every Body.™

Manufactured in the USA for MET-Rx Nutrition, Inc.
Boca Raton, FL 33487

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Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.MET-Rx.com

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