

NOOTROPICS DEPOT



180ct. MAGNESIUM L-THREONATE CAPSULES 667mg

Dietary Supplement | **Lot:** MAGCS1070821

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 60	Amount Per Serving	%DV*
Magnesium (elemental) (from 2001mg Magtein® magnesium L-threonate)	144mg	36%

*Based on 2,000 Calorie Diet

Suggested Use: Take 3 capsules daily, 1 in the morning and 2 together in the evening 2 hours before sleep.

Other Ingredients: Magnesium Stearate, Silicon Dioxide (flow agents), Vegetable Cellulose (capsules)

Disclaimer: Consult your doctor if taking prescription drugs with Magtein®. Keep out of reach of children. Not recommended for children nor women who are pregnant or breastfeeding. Do not take this or any other supplement if under the age of 18 or if you have any known or suspected medical conditions. Do not use if safety seal is damaged or missing. Maximum dose of 4 grams (4000mg) per day. Like other magnesium products, Magtein® may induce sleepiness, drowsiness or headaches. This may indicate a magnesium deficiency and is temporary. Reduce the dosage, consult a doctor or discontinue use if conditions persist for more than one week. Keep away from direct sunlight/heat. Store in a cool/dry place. Transfer scoops are not accurate forms of measurement. A milligram scale is needed to accurately measure dosages. This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Storage: Store in a cool and dry place. Keep away from direct sunlight and heat.

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