

Suggested Use: As a dietary supplement, take two (2) Capsules in the morning with meal.

CAUTION: Consult with a physician prior to use if you have a medical condition. Don't use if pregnant or lactating.

► DAILY ◀ MULTIVITAMINS

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and expiration date printed on bottom of bottle. V6W1

ARAZO NUTRITION

VITAL ONE WOMEN DAILY MULTIVITAMIN

ESSENTIAL BLEND

Herbs • Fruits • Berries • Seeds

**DIETARY SUPPLEMENT
90 CAPSULES**

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount per Serving		%DV	Amount per Serving 100%	
Iron (as Iron-Glucose)	400mg (40)	67%	Manganese	2mg 10%
Iron (as Iron-Glucose)	100mg 100%		Iron Manganese Ascorbic Acid (Iron)	
Copper (as Copper-Glucose)	10mg 10%		Chromium (as Chromium Picolinate)	100mg 100%
Iron (as Iron-Glucose)	10mg 10%		Molybdenum	75mg 10%
Iron (as Iron-Glucose)	10mg 10%		Female Vitality Blend	10mg *
Iron (as Iron-Glucose)	10mg 10%		Wild Rose Extract (Rosa spp.) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Red Clover Extract (Trifolium pratense) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Cherry	
Iron (as Iron-Glucose)	10mg 10%		Cherry Extract (Prunella americana) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Alpha Lipoic Acid	
Iron (as Iron-Glucose)	10mg 10%		Lysine (Lysine) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Immune Health Blend	10mg *
Iron (as Iron-Glucose)	10mg 10%		Goldenseal Root (Hydrastis canadensis)	
Iron (as Iron-Glucose)	10mg 10%		Eleuthero Extract (Eleutherococcus)	
Iron (as Iron-Glucose)	10mg 10%		Spirulina (Arthrospira platensis) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Ginseng (Panax ginseng) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Antioxidant Fruit & Energy Blend	10mg *
Iron (as Iron-Glucose)	10mg 10%		Green Tea Extract (Camellia sinensis) (Iron)	
Iron (as Iron-Glucose)	10mg 10%		Goji Berry Extract (Lycium chinensis)	
Iron (as Iron-Glucose)	10mg 10%		Chokeberry Extract (Aronia melanocarpa)	
Iron (as Iron-Glucose)	10mg 10%		Black Currant Fruit Extract (Ribes nigrum)	
Iron (as Iron-Glucose)	10mg 10%		Pomegranate Fruit Extract (Punica granatum)	

* Daily Value (DV) Not Established

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide.

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Questions?

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