

Suggested Use: As a dietary supplement, take two (2) Capsules in the morning with meal.

CAUTION: Consult with a physician prior to use if you have a medical condition. Don't use if pregnant or lactating.

► DAILY ◀ MULTIVITAMINS

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and expiration date printed on bottom of bottle. VSR10

ARAZO NUTRITION

VITAL ONE MEN

COMPLETE MULTIVITAMIN

SUPERIOR PROPRIETARY BLEND*

Immunity Support* • Prostate Support*
Herbs • Fruits • Berries • Seeds

DIETARY SUPPLEMENT
150 CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 75

Amount per Serving	%DV	Amount per Serving	%DV
Vitamin A (as Retinol Acetate)	600 mcg RAE 120%	Manganese (as Manganese Amino Acid Chelate)	2 mg 30%
Vitamin C (as Ascorbic Acid)	150 mg 150%	Chromium (as Chromium Picolinate)	100 mcg 100%
Calcium (as Calcium Carbonate)	50 mg 10%	Selenium (as Selenium Enzyme)	75 mcg 100%
Vitamin E (as d-Alpha Tocopherol Acetate)	10 mg 100%	Male Support	170 mg **
Vitamin B1 (as Thiamine Mononitrate)	7 mg 140%	Lutein	
Vitamin B2 (as Riboflavin)	7.5 mg 150%	Lycopodium (Lycopodium obscurum extract)	
Vitamin B3 (as Nicotinamide)	30 mg 60%	Stinging Nettle Extract (dried, standardized)	
Vitamin B6 (as Pyridoxine HCl)	7.5 mg 150%	Saw Palmetto (Serenoa repens extract)	
Vitamin B12 (as Cyanocobalamin)	600 mcg 120%	Immune Support	100 mg **
Folate (as Folic Acid)	25 mcg 125%	Echinacea Extract (Echinacea purpurea)	
Vitamin K (as Menaphthone)	10 mg 200%	Beta Glucan (Ganoderma lucidum extract)	
Magnesium (as Magnesium Oxide)	50 mg 10%	Spirulina (Arthrospira platensis) (dried plant)	
Silica (as Silica Gel)	15 mg 150%	Garlic (Allium sativum)	
Zinc (as Zinc Oxide)	30 mg 60%	Antioxidant Fruit & Energy Blend	100 mg **
Copper (as Copper Sulfate)	2 mg 200%	Green Tea Extract (Camellia sinensis)	
		Hawthorn Berries (Crataegus punctata)	
		Cinnamon Bark Extract (Cinnamomum verum)	
		Blueberry Fruit Extract (Vaccinium myrtillus)	
		Grape Seed Extract (Vitis rotundifolia)	
		Black Currant Fruit Extract (Ribes nigrum)	
		Pomegranate Fruit Extract (Punica granatum)	

* Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide.

MANUFACTURED FOR:

ARAZO NUTRITION

3472 Old Capitol Trail

Suite #941

Wilmington, DE 19808, U.S.A.

www.ArazoNutrition.com

Questions?

EMAIL US

support@arazonutrition.com