

Suggested Use: As a dietary supplement take two (2) capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

41 MULTI INGREDIENTS*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and expiration date printed on bottom of bottle. V13810

ARAZO NUTRITION

BRAIN PLUS

SUPPORTS
MEMORY • FOCUS • CLARITY*

BRAIN HEALTH NOOTROPIC*

**SPECIAL PROPRIETARY BLEND
DMAE + L-GLUTAMINE**

**DIETARY SUPPLEMENT
60 CAPSULES**

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A (as Beta-Carotene)	122 mcg RAE	14%	Potassium (as Potassium Citrate)	19 mg	<1%
Vitamin C (as Ascorbic Acid)	125 mg	139%	Choline (as Choline Bitartrate)	50 mg	1%
Calcium (as Calcium Citrate)	20 mg	2%	Proprietary Blend	617 mg	**
Iron (as Ferrous Fumarate)	1 mg	6%	DMAE Bitartrate (Dimethylaminoethanol)		
Vitamin D (as Cholecalciferol)	5 mcg	15%	L-Glutamine HCl		
Vitamin E	14 mg	93%	Glutamic Acid		
(as d-Alpha Tocopheryl Acetate)			Green Tea Extract (Camellia sinensis)		
Vitamin B1 (as Thiamine Mononitrate)	3 mg	250%	Bacopa Extract (Bacopa monnieri/Whole leaf)		
Vitamin B2 (as Riboflavin)	1.7 mg	151%	Inositol		
Vitamin B3 (as Nicotinamide)	12.5 mg NE	78%	Bilberry Fruit Extract (Vaccinium myrtillus)		
Vitamin B6 (as Pyridoxine HCl)	12 mg	706%	GABA (Gamma-Aminobutyric Acid)		
Folate	666 mcg DFE (400 mcg Folic Acid)	167%	Grape Seed Extract (Vitis vinifera L.)		
Biotin	3 mcg	10%	Grapefruit Seed Extract (Citrus paradisi)		
Vitamin B5 (as D-Calcium Panthothenate)	12 mg	240%	Olive Leaf (Olea europaea L.)		
Magnesium (as Magnesium Citrate)	50 mg	12%	Cinnamon Bark Extract (Cinnamomum zeylanicum)		
Zinc (as Zinc Citrate)	10 mg	91%	Licorice Root Extract (Glycyrrhiza glabra)		
Selenium	50 mcg	91%	Boron (as Boron Citrate)		
(as L-Selenomethionine)			DHA (Docosahexaenoic Acid) 14%		
Copper (as Copper Gluconate)	52 mcg	6%	Vanadyl (as Vanadyl Sulfate)		
Manganese	400 mcg	17%	Phosphatidylserine		
(as Manganese Sulfate)			Huperzine A		
Chromium (as Chromium Picolinate)	12 mcg	54%			
Molybdenum	10 mcg	22%			

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide
Contains: Soy & Fish/Tuna/Fish