

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care professional before use if you are on insulin treatment, take oral hypoglycemic agents, are pregnant or lactating, or taking any other medications. This product may cause a harmless darkening of stools. Use may also cause gastrointestinal upset including loose stools, abdominal discomfort, or nausea. If symptoms persist, consult a health care professional.

Keep out of reach of children.

Silbinol® (Indian Kino Tree Extract) is a registered trademark of Sabinsa Corporation.

GS4 Plus® (Gymnema Extract) is a registered trademark of Sabinsa Corporation.

Portusana® is a registered trademark of Frutarom.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

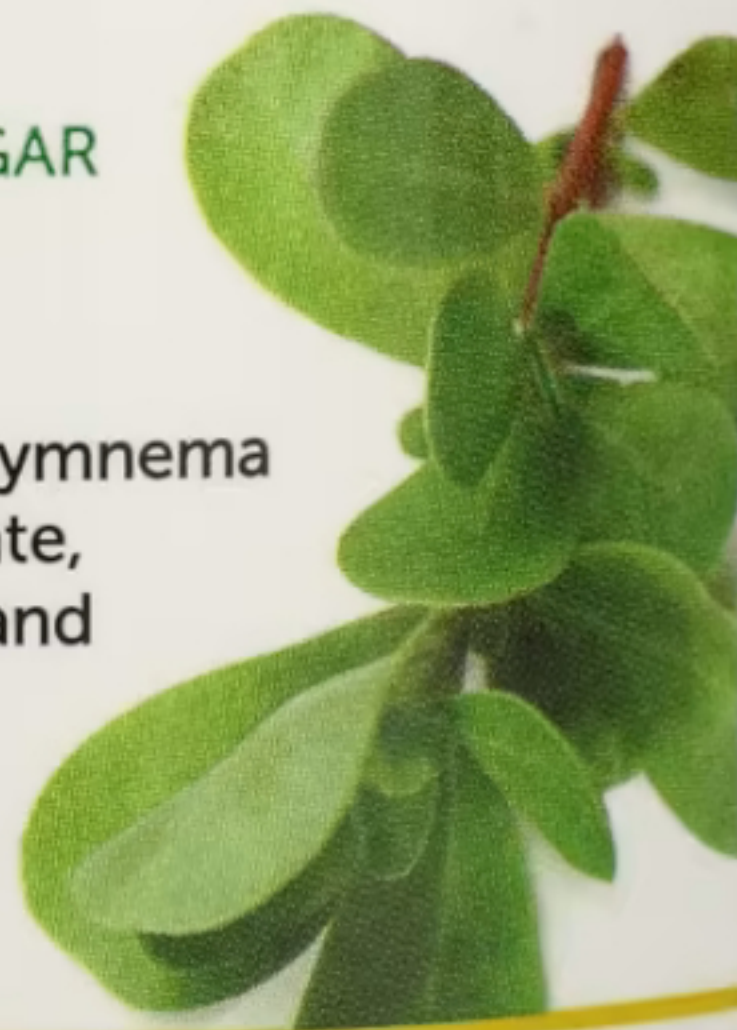


WHITAKER NUTRITION

Glucose Essentials®

FOR BLOOD SUGAR SUPPORT†

Featuring GS4® gymnema and vanadyl sulfate, plus Portusana® and banaba leaf†



Dietary Supplement

90 CAPSULES

Doctor's Suggested Use: Take 3 capsules daily—1 before each meal. Do not exceed 3 capsules daily or take additional vanadyl sulfate without consulting a health care professional.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving		% DV
Chromium (as chromium polynicotinate)	67 mcg	191%
Indian Kino Tree Extract (heartwood and bark)(Silbinol®)	150 mg	*
Gymnema Extract (leaf)(GS4 Plus®)	133 mg	*
Purslane Extract (leaf)(Portusana®)	60 mg	*
Vanadyl Sulfate	33 mg	*
Banaba Extract (leaf)	18 mg	*

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, dextrin, magnesium stearate, magnesium carbonate, gum acacia, silica



Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

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Lot No.

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