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No Artificial Color,
No Sugar, No Milk,
No Lactose,
No Gluten, No Wheat,
No Yeast, No Fish.



SOY PROTEIN ISOLATE POWDER

- VEGETARIAN FORMULA
- LOW FAT • 2 G CARBS
- GLUTEN FREE • ASPARTAME-FREE

2g
CARBS



(See Side Panel)

DELICIOUS CHOCOLATE
NATURALLY & ARTIFICIALLY FLAVORED

PROTEIN SUPPLEMENT POWDER
NET WT. 28 oz. (793 g)

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.



SOY PROTEIN ISOLATE POWDER

Supplement Facts

Serving Size 1 Scoop (31 g)
Servings Per Container about 26

Amount Per Serving	%Daily Value	
Calories	110	
Total Fat	1 g	1% **
Saturated Fat	0 g	0% **
Total Carbohydrate	2 g	1% **
Dietary Fiber	<1 g	3% **
Protein	24 g	48% **
Calcium	100 mg	8%
Iron	4.7 mg	26%
Phosphorus	190 mg	15%
Zinc	1 mg	9%
Copper	0.3 mg	33%
Sodium	360 mg	16%
Potassium	190 mg	4%

**Percent Daily Values are based on
a 2,000 calorie diet.

Ingredients: Isolated Soy Protein,
Cocoa (processed with alkali), Natural
and Artificial Flavors, Soy Lecithin,
Acesulfame Potassium, Salt.

Contains soy ingredients.

Contains bioengineered food ingredients.

Made in a facility that also processes
tree nuts, peanuts, milk, egg, wheat, and
sesame.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

DIRECTIONS: (Shake the can before each use.) For adults, take one (1) scoop (31 g) blended with low-fat milk or your favorite beverage.

*Diets low in saturated fat and cholesterol that include 25 grams of soy protein per day may reduce the risk of heart disease through an intermediate link of cholesterol metabolism in the liver that helps lower total and LDL cholesterol in the blood. High total cholesterol and LDL cholesterol levels are one of the risk factors for heart disease. One serving of Chocolate Soy Protein Isolate provides 24 grams of soy protein in a low-fat formula.

Chocolate Soy Protein Isolate Powder also includes the soy isoflavone metabolites plus essential amino acids from protein and minerals for well-balanced nutritional value. Especially recommended for vegetarian and vegan diets, which may not provide sufficient protein, Chocolate Soy Protein Isolate Powder is an ideal source of this essential nutrient.

Enjoy the benefits of our low-fat soy protein powder by simply mixing with milk or your favorite beverage for a great-tasting, protein-packed, convenient supplement.

Soy Protein Isolate Powder
Add to Milk and Other Foods
for Extra Protein
Great Source of Protein

Amino Acids (approximate values)
per serving (31 g):

L-Alanine	1,062 mg
L-Arginine	1,870 mg
L-Aspartic Acid	2,857 mg
L-Cysteine	325 mg
L-Glutamic Acid	4,706 mg
L-Glycine	1,039 mg
***L-Histidine	635 mg
***L-Isoleucine	1,203 mg
***L-Leucine	2,013 mg
***L-Lysine	1,536 mg
***L-Methionine	322 mg
***L-Phenylalanine	1,282 mg
L-Proline	1,257 mg
L-Serine	1,285 mg
***L-Threonine	918 mg
L-Tryptophan*	345 mg
L-Tyrosine	938 mg
***L-Valine	1,243 mg

***Essential Amino Acids
****L-Tryptophan is naturally occurring,
not added.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or damaged.

TO REORDER ITEM #7055
www.puritan.com
1-800-645-1030

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