



Suggested Use: Shake well. Take one spray daily. Can also be mixed with your favorite beverage. Not intended for children. For optimal freshness, refrigerate after opening and consume within 90 days. Clean cap after each use.

Supplement Facts

Serving Size 1 Spray (About 0.46 mL) Servings Per Container 125

Amount Per % Daily Vitamin D 25 mcg (1,000 IU) 125% (D3 from Lichen)

Certified Organic 410 mg Omega-Rich Blend Organic Pumpkin Seed Oil. Organic Cranberry Seed Oil

Omega-3 fatty acids Omega-6 fatty acids 200 mg Omega-7 fatty acids 1.38 mg

140 mg

Omega-9 fatty acids + Daily Value not established

Other Ingredients: Organic Vanilla Flavor Non-GMO Vitamin E (from Sunflower), Organic Sunflower Lecithin, Organic Rosemary Extract to preserve freshness). Organic Stevia Extract (leaf

CAUTION: As with any dietary supplement. consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision. Do not spray in eyes.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy, soy Carbonfund.org or peanut ingredients. Manufactured in a facility that

also processes wheat, egg, milk, soy, fish, crustacean shellfish peanut, tree nuts and sesame.

Distributed by Garden of Life LLC

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1,000 IU (25mcg)



BPA FREE