



mykind  
ORGANICS

CERTIFIED ORGANIC WHOLE FOOD



B-12

ORGANIC SPRAY

VEGAN METHYLCOBALAMIN

RASPBERRY FLAVOR  
58 mL (2 FL OZ.)

LIQUID WHOLE  
FOOD SUPPLEMENT

**Suggested Use:** Shake well. Spray in mouth. Not intended for children.  
Refrigerate after opening and consume within 90 days. Clean cap after each use.

## Supplement Facts

Serving Size 1 Spray (Approx. 0.41 mL)  
Servings Per Container 140

|                                                                        | Amount Per Serving | % Daily Value |
|------------------------------------------------------------------------|--------------------|---------------|
| Vitamin B12 (as Methylcobalamin from <i>Saccharomyces cerevisiae</i> ) | 500 mcg            | 20833%        |
| Certified Organic Food Blend                                           | 2 mg               | +             |

Organic Beet (root), Organic Carrot (root), Organic Spinach (leaf), Organic Broccoli (flower & stem), Organic Tomato (fruit), Organic Kale (leaf), Organic Cabbage (leaf), Organic Parsley (leaf), Organic Brussels Sprout (leaf), Organic Green Bell Pepper (fruit), Organic Cucumber (gourd), Organic Celery (stalk), Organic Garlic (bulb), Organic Ginger (root), Organic Onion (root), Organic Cauliflower (flower & stem), Organic Asparagus (flower & stem), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit)

+ Daily Value not established.

**Other Ingredients:** Purified Water, Organic Glycerin, Organic Apple Juice, Organic Raspberry Flavor, Mandarin Peel Flavor, Organic Lemon Juice, Organic Citrus Extract (to preserve freshness), Organic Stevia *Rebaudioside A* (leaf), Organic Rice.

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision. Do not spray in eyes.

**Keep out of reach of children.**

Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy, soy, wheat, peanut, fish and shellfish. Manufactured in a facility that also processes wheat, egg, milk, soy, fish, crustacean shellfish, peanut, tree nuts and sesame.

**Distributed by Garden of Life LLC**

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Certified Organic by QCS [www.gardenoflife.com](http://www.gardenoflife.com)

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