

"Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Ubiquinol & Omega-3 Fish Oil provides 300 mg total of EPA, DHA and other omega-3 fatty acids. See nutrition information for total fat content. Our fish oil is purified to eliminate mercury.

EPA and DHA from Fish Oil have the ability to support heart, circulatory and metabolic health.* Coenzyme Q-10 is an antioxidant that appears in almost every cell of the body. Antioxidants play a role in fighting free radicals in cells.*

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children.

Store at room temperature. Do not use if seal under cap is broken or missing.

Q-10, Kaneka Ubiquinol™, and the Quality Seal® are registered or pending trademarks of Kaneka Corp.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 53593
www.puritan.com
1-800-645-1030

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Ubiquinol & Omega-3 Fish Oil

May Reduce the
Risk of Heart
Disease**

DIETARY SUPPLEMENT
60 rapid release
softgels



DIRECTIONS: For adults, take one (1) softgel one to three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	5	
Total Fat	0.5 g	1%***
Kaneka Ubiquinol™ (Enhanced Bioactivity Co Q-10)	100 mg	****
Fish Oil	400 mg	****
provides 300 mg of Total Omega-3 Fatty Acids† comprising of:		****
EPA (Eicosapentaenoic Acid)		****
DHA (Docosahexaenoic Acid)		****
Other Fatty Acids		****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Silica. Contains <2% of: Ascorbyl Palmitate, Mixed Natural Tocopherols, Natural Caramel Color, Soy Lecithin, Titanium Dioxide Color.

Contains soy and fish (hake, pollock) ingredients.

Contains bioengineered food ingredients.

†As Ethyl Esters