

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Q+™, Kaneka Ubiquinol™ and the Quality Seal™ are pending trademarks of Kaneka Corp.

TO REORDER ITEM # 50096
www.puritan.com
1-800-645-1030

Carefully Manufactured by
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Next Generation
Co Q-10

Ubiquinol

200mg

Body Ready
Co Q-10

DIETARY SUPPLEMENT

60 Rapid Release Softgels



DIRECTIONS: For adults, take one (1) softgel one to two times daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Ubiquinol (Kaneka Ubiquinol™) (Enhanced Bioactivity Co Q-10)	200 mg *

*Daily Value not established.

Other Ingredients: Pure Olive Oil, Gelatin, Vegetable Glycerin. Contains <2% of: Ascorbyl Palmitate, Natural Caramel Color, Soy Lecithin, Titanium Dioxide Color.

Statin medications can reduce Co Q-10 levels in the body. Co Q-10 can replenish what statin medications may deplete.

Note: Co Q-10 is not intended to serve as a replacement for Statin therapy, nor should you discontinue taking any prescribed medications while supplementing with Co Q-10.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar,
No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast,
No Fish, Sodium Free.