

B-12 GUMMIES 500 mcg per 500 mcg serving



For Energy Support*

Non-GMO, Gluten Free/Dairy Free



Raspberry, Mixed Berry & Orange Flavored

60 GUMMIES



DIRECTIONS: For adults, take two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	3 g	1%**
Total Sugars	2 g	***
Includes 2g Added Sugars		40/0**
Vitamin B-12 (as Cyanocobalamin)	500 mcg	20,833%

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Corn Syrup, Sugar, Gelatin. Contains <2% of: Citric Acid, Natural Risvors, Pectin, Vegetable Juices (color), Vegetable Oil (Palm) (Contains Carnauba Wax).

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No Artificial Flavor, No Artificial Sweetener, No Starch, No Milk, No Lactose, No Soy,
No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

B Vitamins Aid in the Conversion of Food into Energy*

WARNING: If you are pregnant, nursing, taking any medications or have any medicat condition, consult your doctor before use. Discontinue use and consult your doctor flary adverser eactions occur. Keep out of reach of children. Store at noon temperature. Do not use if seal under cas is broken or missing.

TO REORDER ITEM # <u>25420</u> www.puritan.com 1-800-645-1030

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

