Ashwagandha is an ancient medicinal herb that is known to help relieve stress, increase energy evels and improve concentration.

PHIC NUTRITION Ashwagandha is sourced from the purest ashwagandha root to ensure the highest quality for optimal results so you can feel your best. Supplementing with ORPH Ashwagandha serves as a natural mood enhancer and is an effective way to reduce stress, anxiety, and cortisol levels.*

SUGGESTED USE:

As a dietary supplement, take three (3) veggie capsules once daily. For best results, take 20-30 minutes before a meal with an 8 oz glass of water or as directed by your healthcare provider.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN, DO NOT IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot# and Expiration Date Printed on bottom of bottle, V1R0





ASHWAGANDHA

MADE WITH NATURAL ASHWAGANDHA AND BLACK PEPPER



MOST POWERFUL ON THE MARKET > 1950 mg

HELPS PROVIDE SUPPORT WHEN DEALING WITH MINOR, EVERY DAY STRESSES*

- 1950 MG Of Ashwagandha
 - Supports Energy Levels*
- Supports Immune System*

DIETARY SUPPLEMENT

90 CAPSULES

Supplement Facts

Serving Size: 3 Capsules n- Container 30

| Servings Per Cultamor. 55 | Amount Per Serving | %Daily Value |
|---|--------------------|--------------|
| Organic Ashwagandha (Withania somnifera)(root) | 1,950 mg | |
| Organic Black Pepper (Piper nigrum)(fruit) | 15mg | ** |

** Daily Value (DV) not established

Inactive Ingredients: Pullulan capsules

Manufactured for Orphic Nutrition® 200 South Biscayne Boulevard Miami, FL 33131 1-855-258-9664 www.orphicnutrition.com

CONTAINS NO: Shellfish, Egg, Fish, Peanuts, Milk. Soy, Tree Nuts or Wheat.

> STRESS & IMMUNE SYSTEM SUPPORT*

