

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

3 This product contains 268 mg of Vitamin E, which is equivalent to 400 IU.

TO REORDER ITEM # 463
www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Roseton, NY 11779 U.S.A.
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WWW.PURITAN.COM

Puritan's Pride

Natural
E

268mg (400IU)
Mixed Tocopherols



250
Rapid Release
Softgels

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as d-Alpha Tocopherol)	268 mg	1,787%
Mixed Tocopherols (providing d-Gamma, d-Delta and d-Beta Tocopherols)	1 mg	*

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil.

No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat,
No Yeast, No Fish. Sodium Free.