

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children.

Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 50918
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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WWW.PURITAN.COM
Puritan's Pride

Vitamin E

184MG (400 IU)

with **Selenium 50 mcg**
Supports Antioxidant Health*



100
Rapid Release
Softgels

VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E	184 mg	1,227%
(as dl-Alpha Tocopheryl Acetate and d-Alpha Tocopherol)		
Selenium (as Selenium Yeast)	50 mcg	91%

Other Ingredients: Gelatin, Vegetable Glycerin, Yellow Beeswax, Soy Lecithin.

Contains soy ingredients.

This product contains **184 mg of Vitamin E**, which is equivalent to **400 IU**.

No Artificial Color, Flavor or Sweetener, No Preservatives, **No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Fish.** Sodium Free.