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Puritan's Pride

Naturally Sourced

E-268mg
(400 IU)

d-Alpha Tocopherol
with
Selenium 50 mcg



100
Rapid Release
Softgels

VITAMIN SUPPLEMENT

TO REORDER ITEM # 3840

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Vitamin E (as d-Alpha Tocopherol)	268 mg	1,787%
Selenium (as Selenium Yeast)	50 mcg	91%

Other Ingredients: Gelatin, Vegetable Oil, Vegetable Glycerin, Yellow Beeswax, Soy Lecithin.

Contains soy ingredients.

This product contains 268 mg of Vitamin E, which is equivalent to 400 IU.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Fish, Sodium Free.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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www.puritan.com

1-800-645-1030

Genuinely Manufactured by
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