

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 19970
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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873310 088



WWW.PURITAN.COM
Puritan's Pride.

Vitamin D3
(Cholecalciferol)
25mcg
(1000 IU)
Sugar, Salt & Starch Free



90
Tablets

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) tablet, one to four times daily, preferably with meals.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin D	25 mcg (1,000 IU)	125%
(as D3 Cholecalciferol)		

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. **Contains <2% of:** Riboflavin (for color), Silica, Vegetable Glycerin, Vegetable Magnesium Stearate.

Puritan's Pride Kof-K certification # IW6L4



The KOF-K emblem assures you that this product meets the strictest standards of Kosher law. It is certified by KOF-K Kosher Supervision, one of the foremost Kosher certification agencies in the United States.