

DIRECTIONS: For adults, mix one (1) scoop (9 g) with 8 ounces of juice or water daily.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees or bee products, sunflowers, ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store unopened container at room temperature. Do not use if seal under cap is broken or missing.

Contents are sold by weight. Some settling may occur.

No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Milk, No Lactose, No Soy, No Yeast, No Fish.



TO REORDER ITEM # 5225
www.puritan.com
 1-800-645-1030

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Puritan's Pride

Green Source® Life's Greens®

NATURE'S SUPERFOOD



VEGETARIAN DIETARY SUPPLEMENT

Net Wt. 9.62 oz. (273 g)

Supplement Facts

Serving Size 1 Scoop (9 g)

Servings Per Container about 30

Amount Per Serving	%Daily Value
Calories	50*
Total Carbohydrates	3 g 1%*
Protein	1 g 2%*
Green Source® Fruit Blend	1,732 mg **
Pineapple Powder (<i>Ananas sativus</i>) (fruit), Orange Juice Powder, Apple Pectin Powder, Grape Juice Powder (<i>Vitis vinifera</i>) (fruit), Acerola Berry Juice Powder (<i>Malepighia glabra</i>)	
Green Source® Grain Blend	1,885 mg **
Brown Rice Bran Powder (<i>Oryza sativa</i>) (husk), Organic Flax Seed Powder (<i>Linum catharticum</i>), Barley Malt Sprouted Powder (<i>Hordeum vulgare</i>) (leaf)	
Green Source® Herbal Blend	815 mg **
Aloe Leaf Powder (<i>Medicago sativa</i>), Parsley Leaf Powder, Bee Pollen Powder, Echinacea Powder (<i>Echinacea purpurea</i>) (root), Adonigalactin Powder (<i>Adonigalactin membranacea</i>) (root), Green Tea Powder (<i>Camellia sinensis</i>) (leaf), Milk Thistle Powder (<i>Silybum marianum</i>) (seed), Schizandra Berry Powder (<i>Schizandra chinensis</i>), Licorice Powder (<i>Glycyrrhiza glabra</i>) (root), Royal Jelly Powder, Ginkgo Biloba Powder (<i>Ginkgo biloba</i>) (leaf), Ginger Powder (<i>Zingiber officinale</i>) (root), Aloe Vera Powder (<i>Aloe vera</i>) (leaf), Peppermint Powder (<i>Mentha piperita</i>) (leaf), Elderberry Powder (<i>Sambucus racemosa</i>) (leaf)	
Green Source® Sea Vegetable Blend	788 mg **
Spirulina Powder (<i>Arthrospira platensis</i>) (plant), Chlorella Powder (<i>Chlorella vulgaris</i>) (plant), Nori Leaf (<i>Porphyra umbilicata</i>)	
Green Source® Grass Blend	534 mg **
Organic Barley Grass Powder, Organic Wheat Grass Powder, Organic Rye Grass Powder (<i>Lolium temulentum</i>) (leaf), Organic Oat Grass Powder (<i>Avena sativa</i>) (leaf), Organic Sp. Grass Powder (<i>Cenchrus ciliaris</i>) (leaf)	
Green Source® Vegetable Blend	217 mg **
Beet Juice Powder, Spinach Powder, Broccoli Powder, Rhubarb Juice Powder	
Other Extract (<i>Eleutherococcus</i>) (leaf)	99 mg **
ROS (<i>Radioligand</i>) (leaf)	80 mg **

*Percent Daily Values are based on a 1,000-calorie diet.

**Daily Value not established.

Other Ingredients: Maltodextrin, Natural Flavors, Citric Acid, Silica.

Contains wheat ingredients.

Contains long-chain fatty acid ingredients.