

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.
Contains milk ingredients.
Contains bioengineered food ingredients.

DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 17394
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride

ULTRA WOMAN™ 50 PLUS DAILY MULTI

Performance Formula Targeted
For Women Over 50

HIGH POTENCY TIMED RELEASE

DIETARY SUPPLEMENT

120^{Coated}
Caplets

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 60

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	1,051 mcg 117%	Manganese (as Manganese Gluconate)	2 mg 87%
Vitamin C (as Ascorbic Acid)	120 mg 133%	Chromium (as Chromium Picolinate)	200 mcg 571%
Vitamin D (as D3 Cholecalciferol)	50 mcg (2,000 IU) 250%	Molybdenum (as Sodium Molybdate)	75 mcg 167%
Vitamin E (as d-Alpha Tocopheryl Acetate)	20 mg 133%	Potassium (as Potassium Chloride)	30 mg <1%
Vitamin K (as Phytonadione)	10 mcg 8%	Vanadium (as Sodium Metavanadate)	10 mcg *
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg 2,500%	UW50+ Bioactive Blend	50 mg *
Riboflavin (Vitamin B-2)	30 mg 2,308%	Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Carrot Extract, Broccoli Extract, Grape Seed Extract (<i>Vitis vinifera</i>), Black Currant (<i>Ribes nigrum</i>) (fruit), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Alpha Lipoic Acid, Resveratrol from (<i>Polygonum</i> <i>cuspidatum</i>) (root), Coenzyme Q-10, Lycopene, Lutein, Pine Bark Extract (<i>Pinus pinaster</i>)	
Niacin (as Niacinamide)	30 mg 188%	UW50+ Herbal Blend	50 mg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,765%	Barley Grass (<i>Hordeum vulgare</i>) (aerial), Wild Yam Extract (<i>Dioscorea opposita</i>) (root), Chamomile (<i>Matricaria recutita</i>) (flower), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit), Vitex Chasteberry (<i>Vitex agnus-castus</i>) (fruit), Dong Quai (<i>Angelica</i> <i>sinensis</i>) (root), Red Raspberry (<i>Rubus idaeus</i>) (leaf), Red Clover (<i>Trifolium pratense</i>) (flower)	
Folate	666 mcg DFE 167% (400 mcg folic acid)	UW50+ Collagen Blend	50 mg *
Vitamin B-12 (as Cyanocobalamin)	30 mcg 1,250%	Collagen (as Hydrolyzed Gelatin), Silicon Dioxide, Inositol, Choline Bitartrate	
Biotin (as d-Biotin)	500 mcg 1,667%		
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 600%		
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	520 mg 40%		
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium (as Magnesium Oxide)	100 mg 24%		
Zinc (as Zinc Oxide)	15 mg 136%		
Selenium (as Sodium Selenate)	100 mcg 182%		
Copper (as Cupric Oxide)	2 mg 222%		

*Daily Value not established.