

**Other Ingredients:** Vegetable Cellulose, Vegetable Stearic Acid. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

Contains wheat and soy ingredients.

Contains bioengineered food ingredients.

**WARNING:** If you are pregnant, nursing, taking any medications, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If any adverse reactions occur, stop use and consult your doctor. Avoid this product if you are allergic to yeast. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



**TO REORDER ITEM # 332**  
**www.puritan.com**  
**1-800-645-1030**

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
Ronkonkoma, NY 11779 U.S.A.  
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B52923 15I 14-12205



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TIMED RELEASE

Stress B  
Complex  
with C-500



60  
Coated  
Caplets

VEGETARIAN VITAMIN SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) caplet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid)	500 mg	556%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	50 mg	4,167%
Riboflavin (Vitamin B-2)	50 mg	3,846%
Niacin (as Niacinamide)	100 mg	625%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,941%
Folate	666 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as Cyanocobalamin)	1,000 mcg	41,667%
Biotin (as d-Biotin)	300 mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	1,000%
Choline Bitartrate	10 mg	*
Inositol	10 mg	*
PABA (Para-Aminobenzoic Acid)	10 mg	*
Citrus Bioflavonoids ( <i>Citrus spp.</i> ) (peel)	10 mg	*
Proprietary Blend	5 mg	*
Brewer's Yeast, Soy Lecithin, Alfalfa, Watercress, Rice Bran, Parsley		

\*Daily Value not established.