FOR MAXIMUM MUSCLE SUPPORT. CONSUME 1-2 SCOOPS IMMEDIATELY AFTER EXERCISE.

MET-RX® ULTRAMYOSYN WHEY ISOLATE

MET-RX* ULTRAMYOSYN WHEY ISOLATE IS AN ULTRA PREMIUM PROTEIN DESIGNED TO PROVIDE MAXIMUN SUPPORT FOR LEAN MASS, STRENGTH AND EXERCISE RECOVERY * III TRAMYOSYN WHEY ISOLATE CONTAINS PROTEIN THAT IS PROCESSED USING MICROFILTRATION TO ENSURE AN ISOLATED WHEY THAT CONTAINS A MINIMUM OF 90% PROTEIN WITH MINIMAL LACTOSE AND FAT. THESE ISOLATION PROCESSES SEPARATE TH VALUABLE PROTEIN FROM NON-PROTEIN MATERIALS YIELDING A HIGHLY-PURIFIED WHEY ISOLATE

MET-RX® ULTRAMYOSYN WHEY ISOLATE PROVIDES ALL OF THE BENEFITS WHEY PROTEIN IS KNOWN FOR AN MORE BY CAREFULLY REMOVING THE FAT AND LACTOSE THAT YOU DON'T NEED WHILE INCREASING TH PERCENTAGE OF AMINOS AS COMPARED TO REGULAR WHEY CONCENTRATE

What makes MET-Rx® Ultramyosyn Whey Isolate worth it:

- Pro-Defense Blend for Recovery from Intense Training* • Over 5 grams of BCAAs from Protein.
- 98% Lactose Free Enhanced with additional free-form aming acids to work
- synergistically with Whey Isolate's high concentration of aminos to support recovery.* State of the art manufacturing processes are used to retain
- the active Whey Protein Pentides and Microfractions including Beta-lactoglobulin, Alpha-lactalbumin, Lactoferrin and more - some other whey isolate processing methods

- 25g Pure Whey Isolate with just two grams of carbohydrates. remove Glycomacropeptides, which are an important protein
 - Delivers a high quality Whey Isolate protein with a higher amino acid profile gram for gram than ordinary Whey
 - Each serving contains over 5 g of the following Branched Chain Amino Acids from protein:

Which typically provides: Isoleucine

Whey Protein Combined with a Small Amount of Carbs Provides Greater Support for Muscle and Strength Compared to Carbs-Only When Taken During a Six Week Training program.



IMPROVEMENTS IN RENCH Untrained subjects PRESS STRENGTH consumed 1.2 grams of protein powder per kg of hody weight each day.

divided into 3 servinas before training, 1 after training and 1 before bed. Each serving contained approximately 7 - 10 grams of

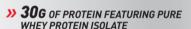
carbohydrates, which can be obtained from a few ounces of juice.

CHOCOLATE

Naturally & Artificially Flavored

MET-RX

ULTRAMYOSYN WHEY



- >> OUR FORMULA CONTAINS OVER 5G OF BCAAs FROM PROTEIN PLUS A PRO-DEFENSE BLEND TO HELP SUPPORT MUSCLE RECOVERY FROM INTENSE TRAINING*
- >> MICROFILTERED FOR FASTER ABSORPTION AND DELIVERY

LEAN MASS 8

STRENGTH'

>> ONLY 130 CALORIES AND 2G CARBS PER SERVING. 63 SERVINGS PER CONTAINER.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

PROTEIN POWDER / NET WT. 5 LB. (80 OZ.) (2.268 a)



Nutrition Facts

Servings Per Container about 63

Protein 30a

Vitamin A 0%

Calcium 8%

Copper 2%

Potassium Total Carbohydrate Dietary Fiber

Total Fat Sat Fat

Phosphorus 8%

Amount Per Serving Calories 130 Calories from Fat 10

9	Daily Value**	add pearlot butter, muit, or yogurt along with ice cubes
Total Fat 1g	2%	Shaker – Simpler Fill a shaker bottle with 6-8 ounces of your favorite beverage
Saturated Fat 0.5g	3%	Add one scoop of MET-Rx® Ultramyosyn Whey Isolate.
Trans Fat 0g		Cover and shake for 25-30 seconds.
Cholesterol 15mg	6%	Glass & Spoon - Simplest Add one scoop of MET-Rx® Ultramyosyn Whey Isolate to
Sodium 110mg	5%	6-8 ounces of your favorite beverage. Stir for 20-30 seconds
Potassium 200mg	6%	or until completely blended.
Total Carbohydrate 2g	1%	^^For Mass Gaining: add higher calorie foods such as peanul butter, 1-2% milk, and fruit juices.
Dietary Fiber 1g	4%	For Dieters: add lower calorie foods such as skim milk,
Sugars <1g		blueberries and raspberries, or just use water.

"Percent Daily Values are based on a 2,000 calorie diet. Your daily

Natural and Artificial Flavors, Cellulose Gum. Soy Lecithin.

Yanthan Gum Acesulfame Potassium Carrageenan

Typical Amino Acid Profile (milligrams per 36 g scoop**

Essential Amino Acids Nonessential Amino Acids

2,515 mg Aspartic Acid

493 mg Glutamic Acid

386 mg Alanine

1.563 mg Arginine

426 mg Serine

Contains milk, soy and wheat ingredients.

Less than Less than

÷	blueberries and raspberries, or just use water.
%	Please note: Crystalline Taurine will appear as small cry within the powder.
<u>%</u>	Contents are sold by weight. Some settling may occur.

Directions: For adults, take one (1) scoon (36 a), one to two

times daily. Serious athletes should consume 1-2 scoops

twice per day for maximum muscle support with at least 1-2 scoops taken immediately after exercise.

Add one scoop of MET-Rx® Ultramyosyn Whey Isolate to

blender filled with 6-8 ounces of your favorite beverage

Cover and blend for 20-30 seconds. For a delicious smoothie. add peanut butter, fruit, or vogurt along with ice cubes.^^

Blender - Simple

Vitamin C MET-Rx® Ultramyosyn Whey Isolate is aspartame free

Magnesium 29

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

TEMPERATURE AND AVOID EXCESSIVE HEAT, TAMPER RESISTANT DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

o support mass, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.

Ingredients: Whey Protein Isolate, Pro-Defense Blend "Use in conjunction with an intense daily exercise program





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1,169 mg

2,608 mg

4.256 mg

1.687 mg

(L-Glutamine, L-Taurine, L-Arginine, L-Alanine, L-Lysine, and a balanced diet including L-Loucine, Isoloucine, Valine), Cocoa (processed with Alkali), an adequate caloric intake.

Shaping Every Body. Manufactured in the USA by MET-Rx Nutrition, Inc.

Boca Raton, FL 33487 Questions? Call toll free 1-800-55-MET-Rx o learn more, please go to