

MM6TM FOR WOMEN



Premium Dietary Supplement
6-in-1 Complete Nutritional System

30 DAILY PACKETS

NUGEVITY



MM6TM products offer personalized nutrition for all your individual needs. Each packet of MM6TM FOR WOMEN can replace an entire supplement cabinet because it is custom-formulated with today's adult woman in mind. Feel young, stay young, and trust the brand that doctors trust: MM6TM by Nugevity.

Suggested Use: Take the contents of one daily packet every day with a full glass of water, preferably with a meal or as recommended by a healthcare provider. Tablets can be taken all together, or if stomach upset occurs you may split the dose between morning and afternoon or evening.

Store product in a dry place at controlled room temperature (25°C/ 77°F). Do not expose to heat or moisture. Contains no artificial dyes, therefore natural color variations may occur over time.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Consult with your physician prior to taking this product if you suffer from a known health condition, take prescription medications, or if you are pregnant or nursing. California residents only: (proposition 65 statutory statement for consumer products) WARNING: This product may contain a chemical known to the State of California to cause birth defects or other reproductive harm.

MM6TM is manufactured at an FDA-registered laboratory using Pharma-IQ[™] quality standards and BioRelease[™], our exclusive technology developed under a Space Act Agreement to ensure maximum dissolution and nutrient release. Visit nasa.nugevity.com



Pharma-IQ[™]
GMP Pharmaceutical Standards
BioRelease[™]
Maximum Dissolution

Gf
Wheat & Gluten Free

Safe
No Banned Substances

Real
Dietary Ingredients

Green
Sustainable & BPA Free

MM6TM FOR WOMEN

Supplement Facts

Serving Size: 1 Packet

Amount Per Packet	% Daily Value	Amount Per Packet	% Daily Value
Calories	10	Manganese (as amino acid chelate)	4 mg 170%
Calories from Fat	9	Chromium (as nicotinate amino acid chelate)	200 mcg 570%
Total Fat	1 g 2%	Molybdenum (as amino acid chelate)	56 mcg 130%
Polyunsaturated Fat	1 g *	Vanadium (as nicotinate amino acid chelate)	50 mcg *
Vitamin A (as retinyl palmitate and 35% from mixed carotenoid complex)	1,500 mcg 170%	Pharmaceutical-Grade Fish Oil (molecularly purified from sardine, anchovy, mackerel)	1,000 mg *
Vitamin C (as ascorbic acid)	200 mg 220%	EPA (eicosapentaenoic acid, triglyceride)	360 mg *
Vitamin D3 (as cholecalciferol)	50 mcg 250%	DHA (docosahexaenoic acid, triglyceride)	240 mg *
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	68.5 mg 460%	Total Omega-3 Fatty Acids	600 mg *
Vitamin K (as phytonadione)	80 mcg 70%	Proprietary Age-Defying AS-10 [®] Blend	470 mg *
Thiamin (as thiamin mononitrate)	2.25 mg 190%	Mixed Carotenoid Complex (contains lutein, lycopene, beta-carotene, astaxanthin, zeaxanthin)	*
Riboflavin (vitamin B2)	2.55 mg 200%	Alpha Lipic Acid	*
Niacin (as inositol hexanicotinate and niacinamide)	30 mg 190%	Citrus Bioflavonoids	*
Vitamin B6 (as pyridoxine hydrochloride)	28 mg 1650%	Choline Bitartrate	*
Folate (as 600 mcg folic acid)	1,000 mcg DFE 250%	Inositol	*
Vitamin B12 (as cyanocobalamin)	9 mcg 380%	Pine Bark Extract	*
Biotin	500 mcg 1670%	Resveratrol	*
Pantothenic Acid (as calcium pantothenate)	15 mg 300%	L-Cysteine	*
Calcium (as calcium citrate and carbonate)	500 mg 40%	Proprietary MM6 [™] for Women Blend	233 mg *
Iron (as Ferrochel [®] ferrous bisglycinate chelate)	9 mcg 50%	Cranberry Concentrate (fruit)	*
Iodine (from kelp)	150 mcg 100%	Soy Isoflavene Extract (bean)	*
Magnesium (as magnesium oxide and di-magnesium malate complex)	300 mg 70%	Horse Chestnut Extract (seed)	*
Zinc (as amino acid chelate)	15 mg 140%	Quince Tree Berry Extract (fruit)	*
Selenium (as amino acid complex)	100 mcg 180%	Boron (as amino acid complex)	*
Copper (as amino acid chelate)	1 mg 110%		

*Percent Daily Values are based on a 2,000 calorie diet
*Daily Value not established

Other ingredients: Modified cellulose, gelatin (fish oil capsule), vegetable stearic acid, water, glycerin, vegetable magnesium stearate, modified starch, macrogol, silicon dioxide, talc, titanium dioxide, caramel, carmine, medium chain triglycerides, lemon and/or vanilla oil. Contains fish (anchovy, sardine, mackerel), soy, and tree nut (horse chestnut).

Distributed by:

NUGEVITY

22503 Katy Fwy

Katy, TX 77450

To report an adverse event, please contact us at the address above.

www.nugevity.com • 800-820-1710

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MM6TM FOR WOMEN

six key benefits in one convenient daily packet



Complete Multivitamin*



Age-Defying Antioxidants*



Omega-3 Support*



Bone Strength*



Cardio Health*



Women's Formula*

(hair, skin, nails, veins, hormonal & urinary)

Each MM6[™] FOR WOMEN daily packet contains:

• **Two AS 10[®] LIFE tablets (red):** Co-developed with NASA under a Space Act Agreement, this is the most advanced multivitamin in the world. Beyond "A-to-Z" nutrition, AS 10[®] LIFE features a proprietary formula to protect against the signs of aging such as visual and cognitive decline.*

• **Two Women's Formula tablets (pink):** A blend of extracts and micronutrients that promotes healthy hair, skin, nails and veins, as well as hormonal and urinary support.*

• **One Osteo Health tablet (white):** A source of easy-to-absorb calcium, with added vitamin D3 for the support of healthy bone tissue.*

• **One Omega Max softgel (clear):** This high-potency source of omega-3 fatty acids has been molecularly distilled and purified to remove contaminants typically found in fish, such as dioxin and mercury. Its unique BioRelease[™] Triglyceride form provides superior absorption versus other conventional fish oil omega-3 capsules. Clinical evidence suggests that EPA and DHA (the active compounds found in Omega Max) promote cardiovascular, neurological and immune benefits.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.