

MM6™ FOR MEN



Premium Dietary Supplement
6-in-1 Complete Nutritional System

30 DAILY PACKETS

NUGEVITY



MM6™ FOR MEN

MM6™ products offer personalized nutrition for all your individual needs. Each packet of MM6™ FOR MEN can replace an entire supplement cabinet because it is custom-formulated with today's adult gentleman in mind. Feel young, stay young, and trust the brand that doctors trust: MM6™ by Nugevity.



MM6™ is manufactured at a US FDA-registered laboratory using Pharma-IQ™ quality standards, and BioRelease™, our exclusive technology developed under a Space Act Agreement to ensure maximum dissolution and nutrient release. Learn more at NASA SPINOFF or visit <http://nasa.nugevity.com>

Suggested Use: As a dietary supplement, adults take the contents of one daily packet every day with a full glass of water, preferably with a meal or as recommended by a healthcare provider. Tablets can be taken all together at once, or if stomach upset occurs you may split the dose and take some in the morning, then the remaining tablets in the afternoon or evening.

Store product in a dry place at controlled room temperature (25°C / 77°F). Do not expose to excessive heat or moisture. Contains no artificial colorings or dyes. Therefore, color, odor and texture variations may occur, but rest assured this does not affect the quality of the product.

Caution: Consult with your physician prior to taking any dietary supplement if you suffer from a known health condition or take prescription medications. California residents only (proposition 65 statutory statement for consumer products): WARNING: This product may contain a chemical known to the State of California to cause birth defects or other reproductive harm. Women should not take this product.



Wheat & Gluten Free



No Banned Substances



Dietary Ingredients



Sustainable & BPA Free

Pharma-IQ™
GMP Pharmaceutical Standards

BioRelease™
Maximum Dissolution

Supplement Facts

Serving Size: 1 Packet

Amount Per Packet	% Daily Value	Amount Per Packet	% Daily Value
Calories	10	Manganese (as amino acid chelate)	4 mg 170%
Calories from Fat	9	Chromium (as nicotinate amino acid chelate)	200 mcg 570%
Total Fat	1 g 2%†	Molybdenum (as amino acid chelate)	56 mcg 130%
Polyunsaturated Fat	1 g *	Boron (as amino acid complex)	1 mg *
Vitamin A (as retinyl palmitate and 35% from mixed carotenoid complex)	1,500 mcg 170%	Vanadium (as nicotinate amino acid chelate)	50 mcg *
Vitamin C (as ascorbic acid)	300 mg 330%	Pharmaceutical-Grade Fish Oil (molecularly purified from sardine, anchovy, mackerel)	1,000 mg *
Vitamin D3 (as cholecalciferol)	25 mcg 130%	EPA (eicosapentaenoic acid, triglyceride)	360 mg *
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	135 mg 900%	DHA (docosahexaenoic acid, triglyceride)	240 mg *
Vitamin K (as phytonadione)	80 mcg 70%	Total Omega-3 Fatty Acids	600 mg *
Thiamin (as thiamin mononitrate)	2.25 mg 190%	Proprietary MM6™ for Men Blend	560 mg *
Riboflavin (vitamin B2)	2.55 mg 200%	Saw Palmetto Standardized Extract (fruit)	*
Niacin (as inositol hexanicotinate and niacinamide)	30 mg 190%	L-Cysteine	*
Vitamin B6 (as pyridoxine hydrochloride)	3 mg 180%	Milk Thistle Extract (seed)	*
Folate (as 600 mcg folic acid)	1,000 mcg DFE 250%	Ginseng Standardized Extract (root)	*
Vitamin B12 (as cyanocobalamin)	9 mcg 380%	Proprietary Age-Defying AS-10® Blend	467 mg *
Biotin	450 mcg 1500%	Mixed Carotenoid Complex (contains lutein, lycopene, beta-carotene, astaxanthin, zeaxanthin)	*
Pantothenic Acid (as calcium pantothenate)	15 mg 300%	Alpha Lipoic Acid	*
Calcium (as calcium carbonate and citrate)	350 mg 25%	Citrus Bioflavonoids	*
Iodine (from kelp)	150 mcg 100%	Choline Bitartrate	*
Magnesium (as magnesium oxide and di-magnesium malate complex)	200 mg 50%	Inositol	*
Zinc (as amino acid chelate)	22.5 mg 200%	Pine Bark Extract	*
Selenium (as amino acid complex)	140 mcg 250%	Resveratrol	*
Copper (as amino acid chelate)	1.5 mg 170%		

† Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Modified cellulose, gelatin (fish oil capsule), vegetable stearic acid, water, glycerin, vegetable magnesium stearate, modified starch, macrogol, silicon dioxide, talc, calcium silicate, titanium dioxide, caramel, red cabbage, carmine, polyvinyl alcohol, natural lemon and/or vanilla oil. Contains fish (anchovy, sardine, mackerel).

Distributed by:

NUGEVITY

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To report an adverse event, please contact us at the address above.
www.nugevity.com • 800-820-1710

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MM6™ FOR MEN

six key benefits in one convenient daily packet



Complete Multivitamin*



Liver Support*



Age-Defying Antioxidants*



Cardio Health*



Omega-3 Support*



Male Function*
(prostate, stamina, urinary health)

Each MM6™ FOR MEN daily packet contains:

- **Two AS 10® LIFE tablets (red):** Co-developed with NASA under a Space Act Agreement, this is the most advanced multivitamin in the world. Beyond "A-to-Z" nutrition, AS 10® LIFE features a proprietary formula to fight against the signs of aging such as visual and cognitive decline. Added B-complex provides stress support and protects the heart by keeping normal homocysteine levels within range.*
- **Two Men's Formula tablets (blue):** A blend of extracts and micronutrients that promotes normal genito-urinary function, prostate health, and physical endurance. This powerful tablet also contains natural ingredients known to protect and cleanse the liver.*
- **One Omega Max softgel (clear):** This high-potency source of omega-3 fatty acids has been molecularly distilled and purified to remove contaminants typically found in fish, such as dioxin and mercury. Its unique BioRelease™ Triglyceride form provides superior absorption versus other conventional fish oil omega-3 capsules. Clinical evidence suggests that EPA and DHA (the active compounds found in Omega Max) promote cardiovascular, neurological and immune benefits.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.