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 Puritan's Pride

Magnesium Citrate

100mg

200 rapid release capsules

dietary supplement

TO REORDER ITEM # 15219

DIRECTIONS: For adults, take one (1) capsule four times daily, preferably with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Magnesium (as Magnesium Citrate)	100 mg	25%

Other Ingredients: Gelatin, Vegetable Cellulose, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Soy,
No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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