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Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health... choose the best.

HAIR, SKIN & NAILS

GUMMIES

2,500 mcg of Biotin
per serving

Skin & Hair Nutrients*
Beauty From Within

NATURAL STRAWBERRY FLAVOR
80 GUMMIES
DIETARY SUPPLEMENT



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



DIRECTIONS: For adults, chew two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

Amount Per Serving		%Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Total Sugars	2 g	***
Includes 2g Added Sugars		
		4%**
Vitamin C (as Ascorbic Acid)	15 mg	17%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	6.7 mg	45%
Biotin (as d-Biotin)	2,500 mcg	8,333%
Sodium	10 mg	<1%

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Dicalcium Phosphate, Gelatin. Contains <2% of: Citric Acid, Lactic Acid, Maltodextrin, Natural Strawberry Flavor, Pectin, Silica, Vegetable Juice (color), Vegetable Oil (Palm) (Contains Carnauba Wax). Contains bioengineered food ingredients.

A delicious way to look good and feel great! Hair, Skin & Nails Gummies contain the vital nutrients your body needs to support your natural beauty from within.* As antioxidants, Vitamin E and Vitamin C help fight free radicals in the body.* Free radicals can cause oxidative stress which may cause premature aging of cells.* Vitamin C is involved in collagen production and formation, which forms the basis for vibrant skin.* Biotin helps to maintain healthy hair and nails.* This product contains 6.7 mg of Vitamin E, which is equivalent to 14.9 IU.

No Artificial Flavor, No Artificial Sweetener, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If any adverse reactions occur, stop use and consult your doctor. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 54948
www.puritan.com
1-800-645-1030

Carefully Manufactured for
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