

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**TO REORDER ITEM # 2983**  
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1-800-645-1030

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Puritan's Pride

# Garlic Oil 5000 MG\*

Garlic Fresh

250 **RAPID RELEASE**  
SOFTGELS  
Dietary Supplement



**DIRECTIONS:** For adults, take one (1) softgel daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Garlic ( <i>Allium sativum</i> ) (bulb)	10 mg	**
*(from 10 mg of a 500:1 concentrate, equivalent to 5,000 mg of fresh Garlic Bulb)		

\*\*Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.