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Puritan's Pride

**Folate**  
**666mcg DFE**  
**(400 mcg folic acid)**



**250**  
Tablets

VEGETARIAN DIETARY SUPPLEMENT

TO REORDER ITEM # 1403

**DIRECTIONS:** For adults, take one (1) tablet up to two times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Folate	666 mcg DFE 167%
	(400 mcg folic acid)

**Other Ingredients:** Vegetable Cellulose, Calcium Carbonate. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 1403  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

Genuinely Manufactured by  
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