Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health... choose the best.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Puritan's Pride

ADULT FIBER GUMMIES WITH VITAMIN D

Digestive Care*

5g of naturally sourced fiber per serving

Dietary Supplement

75 Gummies

Directions: For adults, chew two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 37

Amount Per Serving		%Daily Value
Calories	20	
Total Carbohydrate	<1 g	<1%**
Dietary Fiber	5 g	18%**
Total Sugars	<1 g	***
Includes <1g Added Sugars		1%**
Vitamin D (as D3 Cholecalciferol)	25 mcg (1,000 IU)	125%

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Inulin, Gelatin, Citric Acid, Lactic Acid, Fruit and Vegetable Concentrate Colors (Paprika, Carrot and Black Currant), Natural Flavors, Sunflower Oil, Natural Palm Leaf Glaze, Luo Han Guo Fruit Concentrate.

Adult Fiber Gummies with Vitamin D are a good dietary source of fiber and help support GI function.* As a daily addition to your diet, one serving of Adult Fiber Gummies with Vitamin D contributes 5 grams of the fiber you need daily to support a good diet.

This product contains 25 mcg of Vitamin D, which is equivalent to 1,000 IU

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER ITEM # 50387
www.puritan.com
1-800-645-1030

Product of Germany
Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.

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