

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**TO REORDER ITEM # 1790**  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
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 Puritan's Pride

# Ferrous Sulfate

## 28mg Iron

**100** tablets

vegetarian  
iron supplement

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving        | %Daily Value |      |
|---------------------------|--------------|------|
| Iron (as Ferrous Sulfate) | 28 mg        | 156% |

**Other Ingredients:** Calcium Carbonate, Dicalcium Phosphate, Vegetable Cellulose, Vegetable Magnesium Stearate.

Color of product changes over time but does not affect the potency of the product.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.